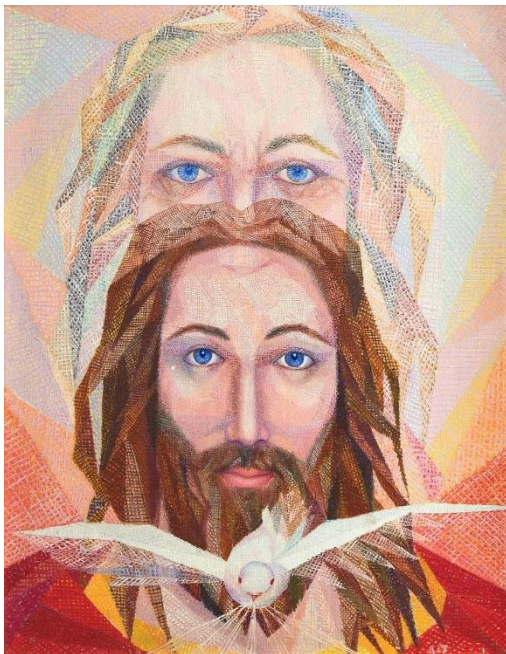




Registered Charity Number: 1134149

WEEKLY NEWSLETTER

SUNDAY 26th MAY 2024



Trinity Sunday – not the easiest concept to grasp. I was helped by this: ‘God made it, Jesus fixed it when it was broken, and the Holy Spirit makes it work.’ We are created, broken, redeemed, sustained and energised by and through the Trinitarian God.

DIARY

Saturday 25th May

Wild Church, 10am-11am

Christ Church, Epsom (followed by refreshments)

Our Epsom Wild Church got off to a good start in April - thank you to all those who came. Our next event is on Saturday 25th May at Christ Church. It will be an opportunity to connect with the 'wild' world in different ways, in the lovely woodland just by the church. Please wear appropriate footwear and clothing depending on the weather, and if you want, bring a small fold up stool with you.

Everyone is welcome to come along - just turn up. If you want to know more, please ask us. ***Helen Williams, Lynne Scholefield***

4.30pm Recital - The Amantine Piano Quartet.

We welcome cellist Georgia Morse back to the series, this time with fellow musicians to perform quartets by Brahms and Faure.

Sunday 26th May Trinity Sunday

9.30am Holy Communion at St Stephen's

10.00am Holy Communion at St Martin's

12.00pm Holy Baptism at St Martin's

6.30pm Evening Prayer at St Martin's

Tuesday 28th May

4.00pm Centering Prayer

'Be still and know that I am God' Psalm 46:10

A small group of us meet every other Tuesday at 4pm, at the back of church, to pray together, in silence. Tea and biscuits from 3.45.

If you would enjoy some time for silent prayer with others, please come along.

We begin with something to reflect on – perhaps a biblical passage or Psalm. After our period of silence, we might share something that we have noticed during our time together.

Do Join Us – All are welcome.

Any questions please ask Lynne Scholefield.

Wednesday 29th May

10.00am Holy Communion at St Martin's

Sunday 2nd June Trinity 1

9.30am Morning Prayer at St Stephen's

10.00am Holy Communion at St Martin's

6.30pm Evening Prayer at St Martin's

Contemplative Prayer

There will be no Contemplative Prayer Group on 4th June as that is the day the Retreat begins. However, the saying will be used in the 'zoom' meeting at 8pm on Thursday 20th June at 8pm. The saying for this month is from Ezekiel 37.5: *Behold, I will cause breath to enter you, and you shall live.* Details for the zoom meeting can be obtained from me. **Adrian Esdaile**

Work on the west end terrace outside St Martin's

During May, our stonemason will be working to replace the concrete steps (the central section within the handrails) in front of the main (west) door. They will also be repairing other specific areas of the terrace. There will still be access to the church from the terrace, but please be aware of any restrictions and take all possible care when entering and leaving the church.

Sarah Lutton

JUNE HIGHLIGHTS

- On 9th, we will celebrate Music Sunday in our services.
- On 12th the new PCC meets for the first time.
- On 23rd, we will mark world Refugee Sunday. At our 10am that day, we will welcome Rev'd Rosie Hoad as our guest preacher, marking the 30th anniversary of Rosie leaving St Martin's to be ordained. She is currently Vicar of Egham Hythe.
- On the 29th, Judith will be ordained Priest at Guildford Cathedral.
- On 30th, Judith, at the 10am service, will preside at communion for the first time. We will follow this with a Bring and Share lunch – please look out for further details soon.

A Rocha UK's Easy Eco Tips 2024 Calendar - May

Say no to the mower. Mowing your lawn less and letting parts grow long saves you time and helps give nature a home. If you want to make an even bigger impact on wildlife, wait to mow your lawn or a section of it until August to support even more animals.

Contribute to citizen science and get to know what (and who!) lives in your church's green space - sign up to take part in Churches Count on Nature (8-16 June 2024) at caringforgodsacre.org.uk/churchescount-on-nature-faqs/.

For more practical ways to enjoy, nurture and defend nature, sign up to A Rocha UK's Wild Christian email: arocha.org.uk/wild-christian

March for Nature, London, Saturday 22nd June - join me for a church service.

This march, supported by groups including The Wildlife Trusts, The RSPB, The Climate Coalition, Chris Packham, WWF-UK, National Trust, WWT, Woodland Trust and Rewilding Britain, is aiming to be a really big gathering. It takes place in London and is a family-friendly, legal march to demand that UK politicians show strong domestic and global nature and climate leadership. There will be a strong Christian presence, including A Rocha UK, Christian Climate Action, Green Christian, Operation Noah and other groups, and these are organising a service at 11am at Catholic Church of the Immaculate Conception, 114 Mount St, Mayfair, London, W1K 3AH, which includes a children's outdoor nature-based church. Do join me by coming to the service (and the march, if you wish) - you'll need to sign up for a free ticket at <https://www.eventbrite.co.uk/e/creation-cries-out-service-and-march-for-nature-tickets-891545124467?aff=eand> with love, Helen Williams.

PRAYING FOR OUR CHURCH AND OUR COMMUNITY

Prayer is the foundation of God's kingdom and one of the most powerful tools we have. It underpins everything we do. We can work as hard as we are able, generating lots of activity and exerting much effort in our discipleship and mission, but without prayer much is in vain. The gift of prayer is that all of us, however limited we may be physically, or in the time we have available, can play our part.

Please remember in your daily prayers this week:

Sunday 26th

Our 'Second Thoughts' programme on the second Sunday at 6.30 pm. Education and training in the Parish and future courses. Our Missions: PHAB (bringing together disabled and non-disabled to create an inclusive world). Those living and working in The Hayes, The Oaks, The Parade, The Ridge, The Ridings, Tintagel Close and Treadwell Road.

Monday 27th

All involved in planning and leading Family services. Christian Aid and its annual collection in May and the projects it supports. Local prisons and their chaplains: Downview and High Down. Those living and working in Upper High Street, Victoria Place, Warren Hill and Waterloo Road.

Tuesday 28th

All who are bereaved and grieving, and local funeral directors. Our young people and teenagers – our vision for the future. USPG (United Society Partners in the Gospel). Those living and working in Westgate Close, Wilmerhatch Lane and Wimborne Close.

Wednesday 29th

All parents and toddlers. Users of Langley Vale Village Hall: Sean Porter. Care and nursing homes in the Parish. Those in sheltered housing. Those living and working in Woodcote Close, Woodcote End, Woodcote Green Road, Woodcote Hurst, Woodcote Park Road and Woodcote Side.

Thursday 30th

Epsom College, staff and students: Chaplain Andrew Haviland. May all who enter our churches find peace and welcome. Epsom & Ewell Foodbank (Our Missions) and the Leprosy Mission. Those living and working in Wootton Close, Worple Road, Wyeths Mews, Wyeths Road, Yeomanry Close and Yew Tree Gardens.

Friday 31st

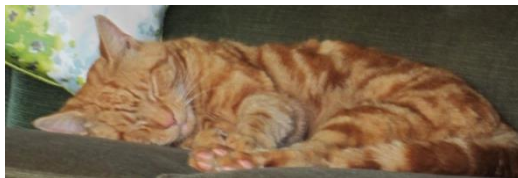
May the choirs who give concerts at St Martin's and their audiences feel God's presence in our church. Those in our church family who now live elsewhere. Our borough libraries: their librarians, volunteers and those who use them. All who attend our churches and live in roads outside the Parish boundary.

Saturday 1st

Our Vicar: Nick Parish, Yvonne and their family. Our Bishops: Andrew Watson and Paul Davies. The Chaplaincy Team at Epsom & St Helier Hospitals. Those living and working in Adelphi Road, Albert Road, Alexandra Road and Andrews Close.

THE POWER OF POETRY: MAY

This month: a poem by D H Lawrence, mainly known of course for his novels and which you may know at least by reputation. He was known too for travel writing, essays, letters and plays. He was also a prolific poet, though many of the thousand poems he wrote were not regarded highly, and the selection I have in front of me numbers just 150. A few are quite well known, e.g. *Snake* (“A snake came to my water trough...”), and I came across *The North Country* many years ago and was struck by the rhythm of the poetry which – particularly if read aloud and with due regard to the punctuation – reflects the insistent rhythm of machinery and industry. This poem is *Pax* (peace). It describes a comfortable cat relaxing before a fire, and Lawrence’s description is a metaphor for contemplation and for being fully in the presence of God. For some, such an experience can be fearful, but here, with the image of the relaxed cat luxuriating in the warmth, we are encouraged to be at one with God, and at home in His presence. You will notice Lawrence’s use of repetition throughout.



*All that matters is to be at one with the living God
to be a creature in the house of the God of Life.
Like a cat asleep on a chair
at peace, in peace
and at one with the master of the house, with the mistress,
at home, at home in the house of the living,
sleeping on the hearth and yawning before the fire.*

*Sleeping on the hearth of the living world
yawning at home before the fire of life
feeling the presence of the living God
like a great reassurance,
a deep calm in the heart,
a presence
as of the master sitting at the board
in his own and greater being,
in the house of life.*

The idea of reassurance, which we so often need in our lives, and of calm is very comforting, as indeed are many of the words selected by Lawrence - asleep, peace, at one, and so on. As far as the cat is concerned though, I suspect any contemplation would be of mice!

Mary Gilbert

FOODBANK WANTS LIST

This week we are in great need of all the following items:

Jars of cooking sauce
Tinned tomatoes
Tinned pulses
Longlife Sponge puddings
Custard
Tinned Meat (Hot dogs, Meatballs, Ham, stew etc)
Packet soup
Chocolate spread
Small treats for children (ie Freddos)
Powdered Milk
Hair conditioner
Shaving Foam
Female Deodorant
Tampons
Washing up liquid
Washing powder
Baby shampoo / Baby wash

Please use our supermarket donation points or bring donations directly to us at Epsom & Ewell Foodbank, Good Company Hub, behind West Ewell Primary School, Ruxley Lane, Ewell KT19 0JG.

STEWARDSHIP

Giving to our Church

For general and stewardship giving you can give online via the Charities Aid Foundation. Donations can be either a one-off donation or a regular donation using direct debit. To make a donation either:

1. Click on the following link:
<https://cafdonate.cafonline.org/13377>
OR
2. Use your Smart Phone and Scan the QR Code below.



MISSION FOCUS - MAY

AMECA (Alex's Medical & Educational Clinic in Africa)



Ruth Markus, whom many will know from previous visits to St Martin's, founded AMECA in 2006 in memory of her son. It focuses on delivering healthcare and training in Malawi, where facilities, professionals, equipment and medicine are scarce and travel distances prohibitive. The aim is for long term sustainability across a variety of ventures and projects, partnering with existing structures and other organizations.

Community engagement is strong and AMECA has a proven track record of making efficient use of funding to transform lives in Malawi and respond to urgent need. See <https://www.ameca.org.uk> for further details.

Alexander Rennie, Mission & Outreach

FOOD FOR THOUGHT

St
PB

Summer 2024

SPEAKER | CONVERSATION | LUNCH

Wed 1 May | Does God Love Lawyers? | James Wakefield KC

**Wed 5 Jun | God and Gaza - Christian Perspectives on the
Middle East | Revd Canon John Salter**

Wed 3 Jul | Can Faith be Fashionable? | Simon Ward


Welcome & Coffee 11:30am | Talk 12pm

Lunch 1pm | Finish 2:30pm

Charge £10

Book your place at saintpauls.co.uk/foodforthought

St
PB



AMECA

www.ameca.org.uk

'An Evening with AMECA'

Ruthie Markus, CEO & Founder and Consultant Surgeon, Mr Paul Thomas, Medical Director of AMECA, speak about the charity's work in Malawi and the challenges of healthcare delivery.

TIKHALE NDI ANA OCHEPA KUTI TITHE KUWASAMALIRA, TILELE.



NDI UDINDO WA ABAMBO KUWALIMBIKITSA AMAYI ZAMALELEDWE.

With guest Right Hon. Chris Grayling MP

7pm to 9pm, Thur 30 May 2024, Ewell Hall,
7 London Rd, Ewell, KT17 2AY.

£12 per ticket includes wine and nibbles.

Contact Barb Warwick : barb.warwick@virginmedia.com





Managing Biodiversity in Epsom Common

Come and listen to Stewart Cocker, Countryside Manager for Epsom & Ewell Borough Council who will be talking to us about how Epsom Common is managed, protected, and enhanced. There will be time for Q&A at the end.

**Wednesday June 26th 7.30pm,
Epsom Methodist Church
Ashley Road KT18 5AQ**

Refreshments served before event

The Eco-church groups in Epsom would like to invite you to this event.



**Submitting an item for the newsletter:
Please ensure that all items are emailed to the office marked
'For Newsletter' in the title by
12pm on Wednesday, to be included for that week.**

**Parish Office:
The parish office is open from 9.30am – 12.30pm every
Monday, Wednesday and Friday.
Church House, Church Street, Epsom,
KT17 4PX Phone: 01372 722567
E-mail: office@stmartinsepsom.org
Website: www.stmartinsepsom.org**

If you would like to be added to our mailing list so that you receive the newsletter and orders of service weekly, please email the parish office. Please contact clergy and lay ministers via the office.